









Patrol First Aid Kit

This is a list of items you can include in your Patrol First Aid Kit. Remember you might need to adjust it, depending on the type of activity you are doing. Also, regularly check if all the items in your kit are in date. The patrol first aider and quartermaster should work together on this.

Item	Ideal Quantity	
Triangular Bandage	10	
Conforming Bandage	4(VariouS Sizes)	
Crepe Bandage	4(VariouS Sizes)	
Lint	10(VariouS Sizes)	
Cotton Wool	1 Roll	
Antiseptic / Antibacterial Wipes	10	



Item	Ideal Quantity	
Plasters	Roll so you can cut to size	
Gloves	Roughly 8 pairs	
Shears	1	
Pen Torch	1	
Paper & Pen/pencil	Little Notepad & a pen/pencil	
Plastic Bags	2	
Bottle of Water	1	
Blanket	1	