



# Preparing for Summer Camp (2)

## March

- Full risk assessment
- Speak to parents
- Menu planning
- Ensure everyone has the adequate skills through patrol/watch meetings (saw and axe, rucksack packing etc)
- Check in with the other patrols to see how they are doing at Patrol/Watch Leaders' Council. What ideas do they have that might help you?

## April

- Design and order tshirts
- Work on your camp preparation programme

- Run a weekend preparation camp (work on camping and cooking skills with younger Scouts, run through how equipment works – cookers, lanterns, camp gadgets, etc)
- Ensure payments are being made by Scouts and ensure payments are being made to suppliers





## **The MacArthur Watch**

The MacArthur Watch is named after sailor and campaigner Dame Ellen MacArthur. She is best known as a solo long-distance yachtswoman. On 7 February 2005, aged 29, she broke the world record for the fastest solo circumnavigation of the globe, spending 71 days alone at sea. She holds numerous records for single-handed passages. She is now retired and works to educate people about economic issues. Her charity, the Ellen MacArthur Cancer Trust, takes young people sailing to help them regain their confidence on their way to recovery from cancer, leukaemia and other serious illnesses



## **The Camp**

The MacArthur Watch will go on an ambitious moving camp along and around the coast of Cork, taking in Cobh, Crosshaven, Oysterhaven & Kinsale (pictured below), and even some walking. They will have to organise their own programme and also arrange transport, food and equipment. The Watch Leader Kate has experience of weekend camps but not of a week-long camp.





# Family Meeting

- Around this time it might be an idea to have a parents meeting.
- Parents will expect to see a rough timetable and will like the opportunity to ask questions. Something like the below would be useful.
- Kate, the Watch Leader, will give a short presentation and will run the parents meeting for the MacArthur Watch.
- This is a great opportunity to use a presentation software like Prezi or Powerpoint

## MacArthur Watch Camp 2014



	Morning	Afternoon	Evening	Accommodation
Saturday 1	Train to Cork	Set up camp	Campfire	Kilcully - camping
Sunday 2	Train to Cobh	Day Trip - Spike Island and Titanic Experience	Pioneering project	Fota - camping
Monday 3	Train and Bus to Fountainstown	Beach Olympics/ Swimming	Meet local Patrol	Fountainstown - beach bivvy
Tuesday 4	Walk to Crosshaven	Tour Camden Fort	Community Project	Crosshaven - camping
Wednesday 5		Sail to Oysterhaven		Oysterhaven
Thursday 6	Kayaking/ Windsurfing	Sail to Kinsale	Sail to Kinsale and watch meal	Kinsale—hostel
Friday 7	Shop in Cork City	Travel Home		Home!

7 day camp around the coast of Cork

Our first ever attempt at a lone watch annual camp

Lots of fun and lots of water!

### Provisional Timetable!





# Full Risk Assessment

The Full Risk Assessment is a great way to make sure that you are prepared for whatever your camp may throw at you! It has 5 steps if done in full. It shouldn't take any longer than one planning meeting. Some items may not be in place yet, but you can tick them off at a later date.

- Step 1 Complete the risk checklist
- Step 2 Define the Risk Universe
- Step 3 Look at the material risks
- Step 4 Put in place mitigants
- Step 5 Prepare the emergency document

## **Step 1 Go through the risk checklist**

### **Location**

- The location is booked
- It is safe
- There are no significant hazards
- Scouters are happy with the location
- Emergency services can access the site

### **Administration**

- We have in date Activity Consent Forms
- We have 2 appointed home contacts who have all the necessary information
- We have a camp timetable
- We have a wet weather plan
- The PL/WL is aware of any medical requirements
- We will have a charged mobile phone available
- We will have all bookings printed and in a folder





### **Finance**

We will have contingency funds with us  
We will have access to additional funds for emergencies if these run out

### **Tentage**

Our tents are suitable for a variety of weather conditions  
Our tents have been tested in wind and rain  
Our tents are large enough and we are trained to use them

### **Transport**

Transport is booked  
There is enough flexibility in our transport plan in case of delays  
We know if any Scout is prone to travel sickness

### **Equipment**

We have safe and tested cooking equipment  
We know how to use all our equipment safely

We have sufficient cleaning and food hygiene equipment

We have food storage materials which allow for segregation of food

We have a cooler box or other method of storing chilled food

### **Training**

The PL/WL has stage 5 Camping Adventure Skill  
There is a qualified First Aider  
We know the limits of our skills

### **Emergency**

We all know who to call in case of emergency

### **Step 2 The Risk Universe**

List the risks which remain. In the MacArthur Watch's case they are:

An accident resulting in an injury

An accident resulting in damage to equipment

Cancellation of accommodation booked





Uncontrollable changes to travel plans  
Illness  
Bad weather conditions  
Loss/theft of money/equipment  
Natural disaster, strike or other disruption

### **Step 3 Look at the material risks**

Then go through your risks and decide which ones are **significant** enough that will cause disruption and which are **sufficiently likely** to happen.

An accident resulting in an injury  
An accident resulting in damage to equipment  
Cancellation of accommodation booked  
Uncontrollable changes to travel plans  
Illness  
Bad weather conditions  
Loss/theft of money/equipment

### **Step 4 Put in place mitigants**

**Risk** - An accident resulting in an injury

**Mitigant** – Ensure code of good behaviour by Scouts in place and take no silly risks

**Risk** - An accident resulting in damage to equipment

**Mitigant** – Ensure all Scouts are trained in the proper use of all equipment

**Risk** - Cancellation of accommodation booked

**Mitigant** – Arrange back up accommodation as a contingency

**Risk** - Uncontrollable changes to travel plans

**Mitigant** – Have contact details for all relevant people and have an emergency plan for heading home

**Risk** – Illness

**Mitigant** – Take all reasonable precautions in food preparation. Ensure first aid training up to date. Be aware of pre-existing conditions. Have an appropriately stocked first aid kit.





**Risk** - Bad weather conditions

**Mitigant** – Have a Plan B and Plan C that are not weather dependant

**Risk** - Loss/theft of money/equipment

**Mitigant** – Have back up funds available at short notice in an emergency

## **Step 5 Prepare the emergency document**

You will need to prepare an emergency document. This will probably be one page, back and front. It will be held by the WL, the Scouter and the home contacts. It will contain:

Home contact details for all Scouts (guardian name, phone and email)

Medical information for all Scouts (**it is vitally important that this information is kept absolutely private and confidential**)

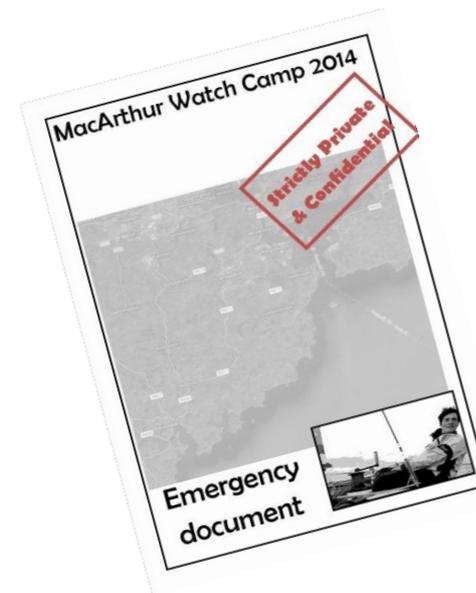
Contact details of all accommodation in use

Full timetable and details of contingency plans

Details of local medical, hospital and support services available

Taxi and bus company contact details

Route cards and passage plans (can be attached nearer to the camp)





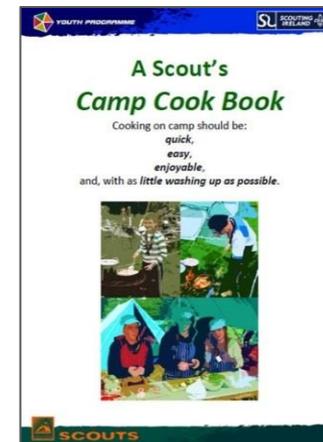
# Menu Planning

You need to plan a full balanced menu for the camp. The menu needs to accommodate the tastes and health of all the scouts and the partialities of the site. The scouts responsible for cooking should have experience of cooking on camp, especially in the way you will be using (eg: on gas or on an open fire).

Things to think about when planning a menu:

- Is it a balanced menu? Do you have enough fruit and vegetables?
- How much will it cost?
- Do any scouts have allergies & intolerances?

- Is there food that scouts won't eat?
- How will the food be stored?
- When will the food be bought? And, how will it be transported?



Check out this camp cook book with a selection of recipes: [goo.gl/WG9qxx](http://goo.gl/WG9qxx)





# Preparing

## Patrol Meetings

Outside of your normal Troop meeting your patrol/watch might have special meetings yourselves in order to work on particular skills.

You might use these meetings to work on getting up to speed with Adventure Skills or getting assessed to higher levels. Remember the “two down” rule, so your patrol/watch may not need adults to assist.

You might consider using these meetings to get used to equipment – potentially specialising in certain aspects of camp life...

## Patrol Leaders' Council

Around this time, a check in with other Scouts is probably a good idea. You can let them know how are doing, and ask how their progress is going. You might be able to support each other in some way.

Tell them:

- Where you are going
- What your programme will be
- How your budget is going
- What problems you might be having





# Preparing

## The Camp

The Magellen Patrol will take on a green field camp in Conamara. A green field camp has many advantages but presents some challenges.

A green field camp:

- Gives a great sense of freedom and of going back to nature, escaping urban life
- Is very cost-effective
- Allows the Troop to be completely self-reliant and test Scout skills
- Often gives wide spaces for activities and games
- Can provide a challenge to provide adequate sanitation facilities

## Finances

The patrol treasurer should be collecting regular camp payments and recording them all. They should work with the PL and scouters. If a scout says they are having problems paying or haven't paid in a few weeks, mention this to your scouters.

## Designing a T-Shirt

This is a great opportunity to build up patrol spirit and channel the creativity of Scouts.

- Create a simple design based on your patrol
- Produce a simple stencil/get special paint
- Or, check out local printers
- Buy blank light colour t-shirts



# Preparing

It takes a few months to prepare for camp. It starts with patrols working together and running an active programme. The patrol will also need to practice and develop their skills.

## Skills

- Develop Skills through troop and patrol programme
- Advance in Adventure Skills

## Practice

- Go on patrol activities
- Organise patrol camps

## Camp

- Prepare for your annual camp



### Preparing for Patrol Camp

Patrol camps are:

**Challenging**  
**Enjoyable,**  
**Adventurous,**

Activities involving all the patrol



Check out the Preparing for a Patrol Camp resource: [goo.gl/paqiXO](http://goo.gl/paqiXO)

