



Knot Board

The Crean Award:

Discovery:

Scouting Knowledge
Patrol Activity

Endurance:

Develop Patrol Spirit
Develop Teamwork
Patrol Activity

Terra Nova:

Task/Role in Patrol
Patrol Activity

Polar:

Patrol Activity

The Activity:

Objective:

To make a knot board with your patrol

Activity Type:

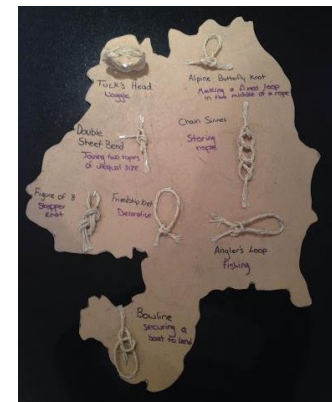
Patrol Activity

Roles:

Activity Leaders
Designer
Quartermaster

SPICES

Intellectual
Character



Plan: Knot Board

Knots:

Make out a list of knots you would like to add to your knot board; have a selection of basic and more complicated knots.

Board:

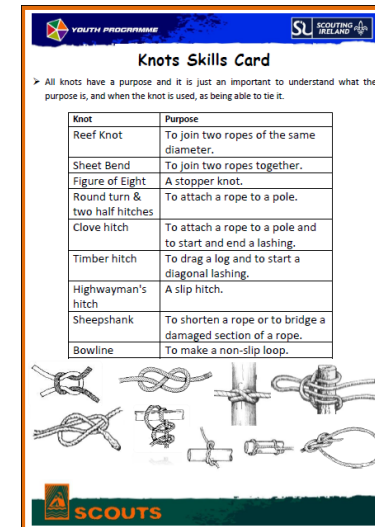
Decide what you are going to make your board with: wood, cardboard, plastic, etc. If you use a substance you can cut, you should design a shape for the board that reflects your patrol or troop.

Rope:

Buy lengths of rope for the board; if they are connecting knots (that is, knot to tie two pieces of rope together) it is best to get ropes of different colours so you can more easily understand the knots.

Other Equipment:

You will also need labels for the knots, a way of securing the knots to the board (staples, glue, etc), and paint if you want to decorate your board.



Check out the Knots Skills Cards for some suggested knots: goo.gl/lx7uQh



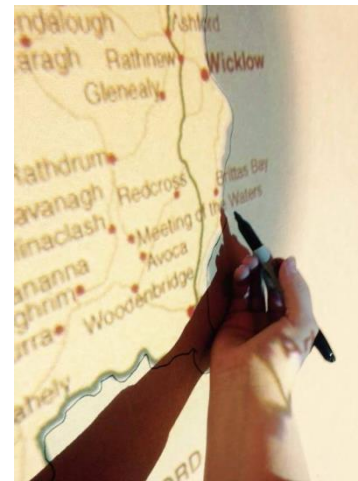
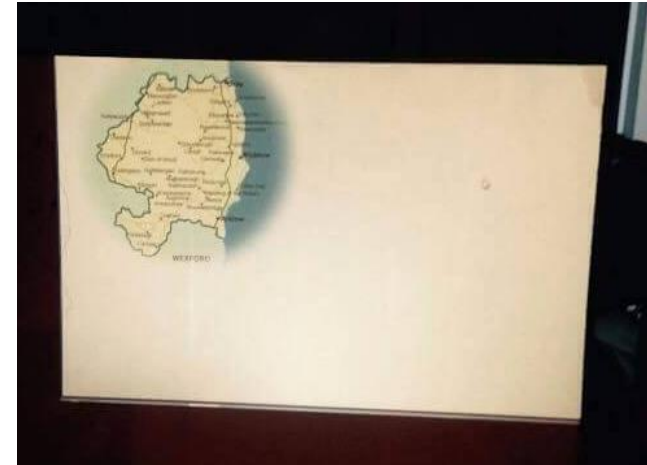
Do: Knot Board

Making the Board:

Get the substance you will make the board from (wood, cardboard, vinyl). Create what shape you would like it to be, such as your patrol symbol, a boat, or your county.

1. Project the design on to material you will be making the board from.
2. Trace it out carefully
3. Cut it out, carefully

Please ensure that any cutting is done using the correct equipment by a person who is qualified and experienced in using it.





Do Knot Board



Knots:

Tie your knots; try and come up with the best example knot you can, practice beforehand.

Board:

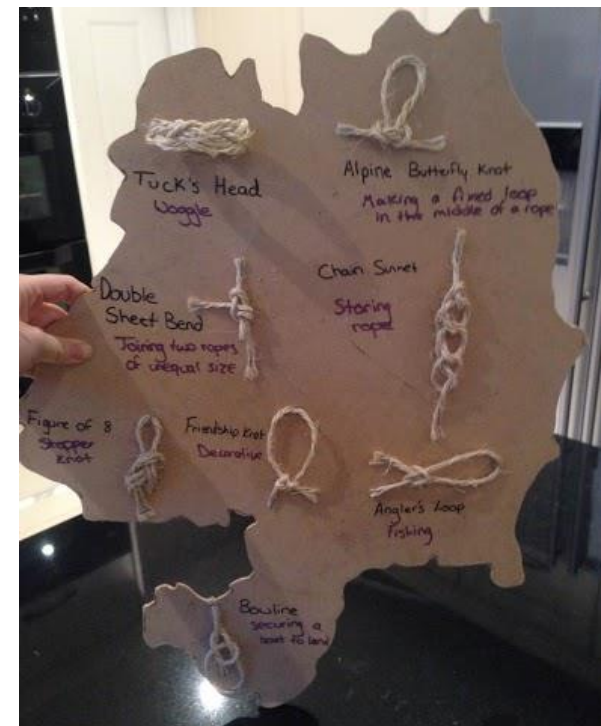
Secure the knots on to your board: you can use glue or a staple gun. Be careful using these, ensure there is proper supervision.

Label:

Put a name under all your knots; may print these labels or get someone with nice handwriting to write the name on the board?

Display:

Put up your knot board in your meeting place or patrol area.





Review

What new knots did you learn?
Did you enjoy doing it?

When could you use the knots on your knot board?

What can we do next?





Review "SPICES"

Social

- Relationships
- Communication Skills
- Other Cultures
- Community Involvement
- Promise & Law

Physical

- Eat Well
- Personal Hygiene
- Balanced Lifestyle
- How Body works
- Physical Limitations
- Health Choices
- Access Help

Intellectual

- Achieving Goals
- New Ideas/Creativity
- Learn from Decisions
- Team Member

Character

- Promise & Law
- Friends & Friendships
- Plan before do
- Ensuring Fairness
- Respect
- Differences & Views
- Following Dreams
- Live the Scouting Spirit

Emotional

- Aware of feelings
- Asking/Giving Help
- Responsibility for Emotions
- Controlling Emotions
- Going Further
- Beliefs & Values
- Developing Talents

Spiritual

- Promise & Law
- Impact on Environment
- Reflection
- Changing Beliefs

