

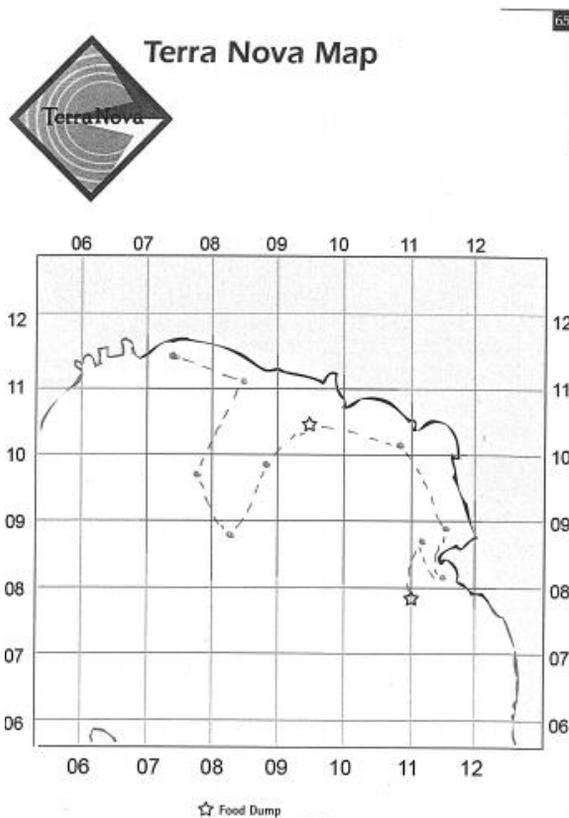
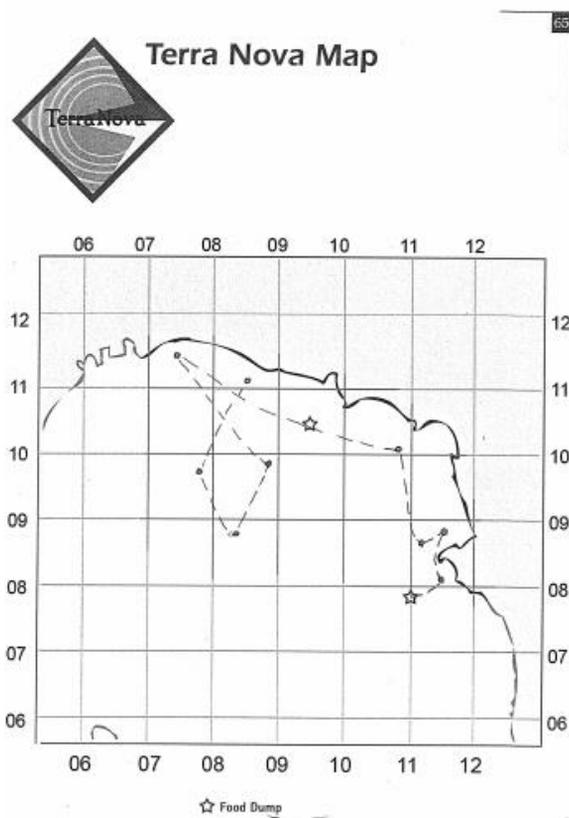


# Crean Awards: Tracking Progress

There are different ways of keeping track of your personal scouting journey through the Crean Awards. Here are some methods used by Scout Troops that you might want to try in your patrols and troops.

## Journey Maps

In *The Spirit of Adventure* handbook, each of the Crean Awards has its own map, which provides a symbolic way of tracking progress. Each set of requirements for all the Crean Awards have a grid reference. When a Scout completes one of these sets, they plot the associated grid reference on to the relevant map. A line is drawn on the map linking each plotted point and the Scout's individual journey is recorded. Many of the journeys may look the same as the scouts complete them in their patrols and troop programme, but they will each have their own unique features.



Sample completed Terra Nova maps, showing different 'journeys' in completing the award.





### Personal Journey Record Sheets

You can also simply use a Personal Journey Record Sheet ([goo.gl/FehVJ3](http://goo.gl/FehVJ3)). The PL and APL should look after the Record Sheets for the patrol members - this will mainly be the Discovery, Terra Nova, and Endurance Award Sheets. During a Patrol Corner discussing Badgework (check out this resource on Patrol Corners: [goo.gl/N4eer1](http://goo.gl/N4eer1)), the patrol will talk about recent activities and see how they helped the scouts achieve a section of the award. If the PL/APL and scout are happy that the scout completed that requirement they mark the date on the sheet. At the Patrol Leaders' Council, the PLs/APLs asses their personal progress with each other and with the Scouters; and, then mark it of on the Endurance or Polar sheet which is kept by a PL or a Scouter. Please note that these are intended to help asses progress in each scout's personal journey, and should, therefore, not be put on the wall or shared with others.

Laura, the PL, reminded Sarah that she helped at the bake sale when asked

Emma did her patrol presentation at a Patrol Corner in Feb



### Terra Nova Award

Section	Sub-section	Requirement No.	Sarah	Liam	Emma	Shane
Section 1 Yourself	Your Interests	1	4 <sup>th</sup> Nov	11 <sup>th</sup> Nov	18 <sup>th</sup> Feb	
	Promise and Law	2		7 <sup>th</sup> Dec	7 <sup>th</sup> Dec	14 <sup>th</sup> Dec
		3	10 <sup>th</sup> Jan		10 <sup>th</sup> Jan	
	Scouting Knowledge	4	10 <sup>th</sup> Jan		10 <sup>th</sup> Jan	
		5	17 <sup>th</sup> Jan		17 <sup>th</sup> Jan	17 <sup>th</sup> Jan
Section 2 Patrol and Troop	Patrol Involvement	1	14 <sup>th</sup> Dec	7 <sup>th</sup> Mar	23 <sup>rd</sup> Nov	24 <sup>th</sup> Feb
		2		22 <sup>nd</sup> Oct	5 <sup>th</sup> May	12 <sup>th</sup> Mar
		3	25 <sup>th</sup> Jan	25 <sup>th</sup> Jan	25 <sup>th</sup> Jan	25 <sup>th</sup> Jan
	Patrol & Troop Activities	4	3 <sup>rd</sup> Oct 16 <sup>th</sup> Nov	16 <sup>th</sup> Nov 10 <sup>th</sup> Feb	3 <sup>rd</sup> Oct 12 <sup>th</sup> Dec	16 <sup>th</sup> Nov 23 <sup>rd</sup> Jan 10 <sup>th</sup> Feb
Section 3 Citizenship	Environment	1	29 <sup>th</sup> Nov	6 <sup>th</sup> Dec	15 <sup>th</sup> Nov	18 <sup>th</sup> Apr
		2	2 <sup>nd</sup> Apr	2 <sup>nd</sup> Apr	2 <sup>nd</sup> Apr	
	Community	3	28 <sup>th</sup> Jan	28 <sup>th</sup> Jan	28 <sup>th</sup> Jan	28 <sup>th</sup> Jan
Section 4 Skills	Adventure Skills	1	16 <sup>th</sup> Apr 11 <sup>th</sup> June	23 <sup>rd</sup> Mar 18 <sup>th</sup> Aug	3 <sup>rd</sup> Mar 16 <sup>th</sup> May	23 <sup>rd</sup> Apr 3 <sup>rd</sup> May 15 <sup>th</sup> Jul 18 <sup>th</sup> Aug
		2	18 <sup>th</sup> Aug	13 <sup>th</sup> May 16 <sup>th</sup> June		



SCOUTS

All the Patrol participated in a Community Project organised by Mark, the APL, for his Polar Award and Chief Scout Award

Shane is keeping track of all the Patrol & Troop events he helps with



SCOUTS



### Review "SPICES"

Social	Intellectual	Emotional
Relationships <input type="checkbox"/>	Achieving Goals <input type="checkbox"/>	Aware of feelings <input type="checkbox"/>
Communication Skills <input type="checkbox"/>	New Ideas/Creativity <input type="checkbox"/>	Asking/Giving Help <input type="checkbox"/>
Other Cultures <input type="checkbox"/>	Learn from Decisions <input type="checkbox"/>	Responsibility for Emotions <input type="checkbox"/>
Community Involvement <input type="checkbox"/>	Team Member <input type="checkbox"/>	Controlling Emotions <input type="checkbox"/>
Promise & Law <input type="checkbox"/>	<b>Character</b>	Going Further <input type="checkbox"/>
<b>Physical</b>	Promise & Law <input type="checkbox"/>	Beliefs & Values <input type="checkbox"/>
Eat Well <input type="checkbox"/>	Friends & Friendships <input type="checkbox"/>	Developing Talents <input type="checkbox"/>
Personal Hygiene <input type="checkbox"/>	Plan before do <input type="checkbox"/>	<b>Spiritual</b>
Balanced Lifestyle <input type="checkbox"/>	Ensuring Fairness <input type="checkbox"/>	Promise & Law <input type="checkbox"/>
How Body works <input type="checkbox"/>	Respect <input type="checkbox"/>	Impact on Environment <input type="checkbox"/>
Physical Limitations <input type="checkbox"/>	Differences & Views <input type="checkbox"/>	Reflection <input type="checkbox"/>
Health Choices <input type="checkbox"/>	Following Dreams <input type="checkbox"/>	Changing Beliefs <input type="checkbox"/>
Access Help <input type="checkbox"/>	Live the Scouting Spirit <input type="checkbox"/>	

### SPICES Sheet

With each of the 'Scout Adventure' resources there is a 'SPICES Review Sheet' to help think about how you progressed in meeting the different parts of the SPICES. It is a good idea for each scout to have their own sheet, which, similar to the Personal Journey Record Sheet, can be kept by the PL/APL. Also, as with the Record Sheets, during Patrol Corners, the PL/APL can work with the younger Scouts in identifying areas of progress and marking them on the sheet; then, in PLC meetings the PLs/APLs can fill out their own SPICES Review Sheet. When using this sheet, Scouts should think about what is involved. It is not a tick the box exercise, but an honest assessment of whether progress was made in an area or not.

In looking over progress towards the SPICES, it should be fairly clear how each Scout and the Patrol are reaching certain areas, and maybe not so much in others. They can use this information when planning their activities. An important part of the Scout Programme is ensuring balance and trying to work towards parts of each of the SPICES. Using this tool, a Patrol can ensure that they make progress in all of the SPICES during each programme cycle.

One way of looking over the SPICES is for the PL/APL, in Patrol Corners, to call out a number of practical examples related to the SPICES and the scouts can mark the relevant ones on their SPICES sheet. For example, the PL asks in recent activities did the scouts make new friends or get to know other patrol members better? If yes, then they tick the 'Relationship' item from the Social area. A sample list of questions and ideas are listed on the following pages.





## SPICES Practical Review Questions

### Social

Did I develop my relationship with those around me?

- Did I make new friends? Do you and others in your patrol have similar interests? Did you meet other scouts? Did you help in the community? Do you know your patrol members?

Did I improve my communication skills?

- Did I tell others my opinion? Did I contribute to the planning of the activity? Do other people understand what I mean when I talk to them? Does the activity leader explain things properly? Do I ask questions when I'm uncertain? Did you try a different communication method?

Did I accept, respect, and learn from other cultures?

- Did you meet people from another country or culture? What was that like? Did you enjoy finding out about how life is different in other places? Is important to know about your culture and other cultures? Did run an international or an intercultural activity? Are you learning another language?

Was I involved in my community?

- Do you volunteer in your area? Do you participate in other clubs or organisations? Do you help other people? How is your community a better place because of what you do? Do you do community service of environmental projects? Are you involved in other organisations?

Did I apply the Promise and Law in my everyday life?

- Does the Promise and Law matter outside of Scouting? Do you try to help others? Are you respectful of other people and the environment? How are you a Scout? Do you hold yourself to a high standard? Do you treating yourself, your body and others with respect?

### Physical

Did I eat well to play (and scout) well?

- Did you plan and eat a balanced diet? What are good foods to eat in the morning? What types of food should you avoid? Do you plan balanced menus for camp? Do your menus suit the activity?

Was I aware of my personal hygiene?

- Do you notice when you need to wash? Why is it important to wash your hands? Do you clean up after yourself? On camp, do you have systems/rotas so that cleaning and washing is completed?





Did I maintain a balanced/active lifestyle?

- How much active exercise do you get? How much time do you spend online or watching TV? Did you get much sleep? Do you use Special Interest Badges and Ad Skills to pursue activities?

Was I comfortable with how my body worked?

- Could I do everything I wanted to? Were some things harder to do than others? What are my skills, are they different to my friends' skills? Do you understand that all bodies are different and that some people have special needs? Do you talk about body image and the pressure to look well?

Was I aware of my physical limits and those of my Patrol?

- Did we try anything we thought might have been unsafe? Did we consider the capabilities of each patrol member when assigning roles? Are you conscious of health and safety? Are you responsible for what you do? Do the PL & APLs think carefully when assigning roles? Is your programme conscious of abilities and conditions when outdoors?

Did I know the health consequences of my lifestyle choices?

- Why is it important to live a healthy life? What are the negative outcomes for leading an unhealthy life? Is what I do today important to my health? What are the positive outcomes of a balanced lifestyle? Can you get external speakers in to talk about healthy lifestyle?

Did I know how to access help if/when a problem arose?

- Can I call the emergency services? What practice issues may prevent that? How do I recognise when someone is hurt, upset or behaving oddly? When should I tell another scout or a scouter about a problem I'm having? Are you comfortable to telling other scouts or scouters about an issue?

## Intellectual

Did I know what information I needed to achieve my goals?

- How do you plan and prepare for an activity? Where do you find out about places you are visiting or things you want? Who is a good person to ask about scout stuff? How do you research programme options? How do you find out about programme ideas? How do you learn new skills?

Was I open to new ideas and ways of learning?

- Did I try a new activity or game? Do you have a varied programme? Do you learn from books or by doing things? Does your patrol make its own plans? What is a good way to learn new skills?





Did I develop creativity, imagination, innovation and try new ideas?

- Did we do something exciting and different? Did we get to use our imaginations or problem solving skills? Did we do things in a new way? Did you ever design or make patrol boards/signs/flags? Can you tell a good story? Have you tried a Skills Special Interest Badge in art, crafts, or music?

Did I learn from the decisions I have made?

- Name a good thing you decided? Why did that work? Think of a bad decision, what happened? What could you do differently? Do you think before you do things? Do you review activities before planning new ones?

Did I work as a team member?

- What was your role in the activity? How did it help? Did you do what was asked by the activity leader? How could your patrol work better together? Is everyone involved? How can we help everyone get involved?

### Character

Did I live the Promise and Law?

- What does the Promise and Law mean to you? Should I do things differently with my non-scout friends? What scout values are important? Are they just words? Do you have a troop code of conduct?

Did I value my friends and friendship?

- Am I good friend? What did I do to make and maintain friendships? How can you be trusted? Are you there for people? Do you stand up for your friends? Why is it important to talk about things with people?

Did I think before I did anything?

- Do you just leap into some things? Why might thinking something through be a good idea? Must everything be done straight away? Do you plan activities? Do you consider all the options before acting?

Did I ensure fairness to everyone?

- Did everyone participate in the activity? Were all the roles spread out amongst the patrol? Do you feel you were treated well? Does the patrol run well? How can you avoid cliques and favouritism?

Did I treat others with respect?

- What is respecting someone? How can you make sure you respect people? Are you treated with respect? Do you listen to others? Are all the patrol included? Are you friendly to all scouts and scouters?





Did I learn how to deal with difference, and other people's views?

- What do you do when you disagree with someone? How do you resolve an issue? Are you always right? How do you correctly resolve arguments?
- Can you respectfully disagreeing?

Did I have a place to follow my dreams?

- What are my ambitions? Do you have an exciting programme? Does imagination help you? Do you have a creative and adventurous programme?

Did I live the Scouting Spirit?

- What is a Scout? Am I a scout? How would a scout behave? What does the scouting spirit look like on an activity?

### **Emotional**

Was I aware of the feelings I experienced and their affect on my life?

- How do your feelings influence your behaviour? How do you express your feelings and ideas? How did my feelings affect the activity? What happens when you are happy or sad, angry or tired?

Did I show I wasn't afraid to ask for and give help?

- Is it hard to ask for help? What is the down side of asking for help? Can I recognise when my patrol members need help? Why it is important to get help when you need it? Do you know that asking for help isn't a weakness but a strength?

Did I take responsibility for my emotions?

- Did I behave well? Did I do something I wasn't proud of? How do I deal with my feelings? What happens when I make a bad decision? Is being angry or upset an excuse for misbehaving? How do I express my emotions?

Did I control my emotions?

- How do I express myself? What happens when I have very strong feelings? Do I get angry? Do I cry? What happens then? What's a good way of avoiding and resolving conflict?

Was I prepared to challenge myself and strive to go one step further?

- How does your programme challenge you? Was there a point at which you were thinking of giving up but didn't? Could your patrol do better? Did you encourage others? How does your PL and Scouters help you challenge yourself?





Was I open to changing in my beliefs and values?

- What are the really important things in my life? Are my family and friends more important than other things? Does scouts help me appreciate things I have? Do I have things other scouts don't?

Did I show my individuality by developing my talents?

- What is my role in the patrol and troop? Do people know what I am good at? Did I show how I can contribute to the programme? Is there a skill I can teach others? Does everyone get a chance to contribute to the programme?

### **Spiritual**

Did I demonstrate that I live the Promise and Law?

- When did I live the Promise and Law? Do I think about them when I am doing things? Can it be hard to live them? Think of some practical examples.

Did I ensure that I have a positive impact on the environment?

- How did your programme make the environment better? Did we follow the principles of Leave No Trace? Did the environment matter in our programme? How do we make our meeting space and homes as environmental friendly as possible?

Did I reflect on the wonder of God all around me?

- Was there an opportunity to think about some 'big questions'? Did we have time for reflection? Did we think or talk about God or a greater spiritual reality? Did you have a Scouts' Own?

Did I reflect on my experiences and they change my beliefs?

- Did we take time to stop and reflect on the programme? Did anything important happen for me? Would I do things differently or act differently?

