

Shinto Prayer Plaques

Shinto prayer plaques (*Ema* (絵馬)) are small plaques on which believers write prayers or wishes. They are then left at a shrine for the gods to receive them. They are traditionally small wooden plaques with images of animals and many also have the word “*gan'i*” (願意), which means wish. The most common reasons people buy or make the plaques are for success in work, school, and relationships or on behalf of their children. Check out: goo.gl/MZES4C



Make your own Shinto Prayer Plaque

It can be a simple spiritual or reflective exercise. Using thin card, attach a piece of string to the back using tape. On the other side to the string, design your own Shinto plaque. Traditionally, people draw animals and often add their wish.



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