



Japanese NSEW

This is an adaptation of the Scout game 'North, South, East & West'. Scouts run between the walls of the hall as instructed by calling "Hokkaido", "Kyushu", "Pacific Ocean" and "Sea of Japan". In between running, the activity leader might want to call other instructions which have actions listed below. You could add a competitive element by knocking people out after a while.



Hokkaido – North

Kyushu – South

Pacific Ocean – East

Sea of Japan – West

Mt Fuji – Stand straight with hands making pyramid above your head

Sowing Rice – Pretend to be walking in the mud of the paddy fields

Meal time – Sit cross legged and put hands together and say "Itadakimas"

Mayor's here – Stand up and bows from your waist, silently

Sumo wrestling – Adopt sumo position and stomp about

Baseball – Adopt position of about to hit a strike

Summertime – Wipe sweat from your brow and say "Mushi-Mushi"

