



Scouter's Edition

SPICES Cards

The Crean Award:

Discovery:

Badges and SPICES

Endurance:

Planning
Patrol Activity

Terra Nova:

Patrol Activity

Polar:

Self Awareness
Patrol Activity

SPICES

Intellectual

The Activity:

Objective:

To explore the SPICES and how you can use them in your programme

Activity Type:

Patrol/Troop Activity

Roles:

Activity Leaders





SPICES Cards

This activity helps you look at how you can make the SPICES part of your Patrol and Troop Programme. It is an easy game that can be used to help you review and plan some activities.

Preparation:

1. Print off the a set of the next six pages for each Patrol in the Troop, or if you are doing it as a Patrol enough for each scout.
2. Cut up each set and mix all the cards up and make a pile with all the cards for that set. Do not mix the title SPICES cards up with the rest, put them on top of the pile.

Doing:

1. Explain the activity to everyone. Each Patrol or Scout will have a set of cards. They will make a row

With each of the SPICES title cards. Then, they will look through the rest of the cards and assign them to one of the SPICES by put them in a line under that card. For example, the card discussing feelings or dealing with emotions goes under Emotions or one talking about eating well goes under Physical, and so on.

2. When doing it as a Patrol you will need to discuss where you will put each one. Come up with a system to help you do this, make sure everyone has an input. It is about reaching a consensus, not deciding as quickly as possible.

3. Then, have Patrols or Scouts compare how they sorted them. Did everyone agree? Were some ones more difficult to place? What about ones which one patrol put under one of the SPICES but another Patrol put under another of the SPICES?





SPICES Cards

4. In patrols, think back over some recent activities and look at how any of the ideas on the cards were part of those activities. Think carefully about this, as sometimes the links may not be very clear. For example, if you have done any of your Emergencies Adventure Skill Stages you probably know how to call the emergency services; or when you were on camp you would have planned an a balanced menu. See how many of the ideas you an link to activities.

5. Take the remaining cards, the ones which you haven't touched on in your programme. From these pick one from each of the area of the SPICES and see if you can think of an activity that would incorporate these ideas. For example, you have a card about helping in your community so you could plan a community project or if you have the

card about being responsible for your actions give everyone in a patrol a small job for the next meeting.

Scouts and Patrols may need assistance with steps 4 & 5, help them make the connections between their activities and the bigger ideas.

Review:

1. On the back of a card, have each scout write down a number form 1-5 showing what they thought of the activity. 1 being that wasn't great and 5 being that was really helpful. Then, have scouts line up according the number they give.

2. Ask a few of the scouts to explain why they gave it that number. Can those you gave 1s or 2s think of a way it could be improved? Can those how gave it 4s and 5s think about ideas they could use for other activities?



SPICES Title Cards

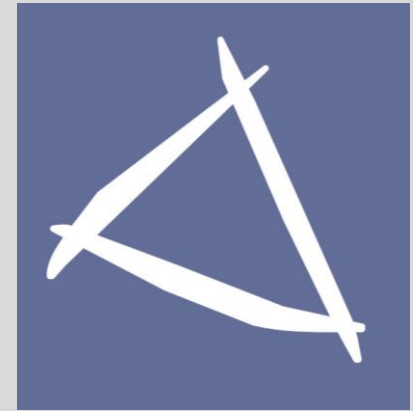
SOCIAL



PHYSICAL



INTELLECTUAL



CHARACTER



EMOTIONAL



SPIRITUAL



You need to make
an effort to be a
good friend

I like learning
about how people
live and spend
their time in other
countries

It's important to
learn another
language

I try to have a
balanced diet
(most of the time)

Communicating
what you really
mean can be
difficult
sometimes

I try to do my best

I help out in my
neighbourhood

I wash my teeth at
least twice a day

I have an outdoor
hobby or play
sports

Never lift more
than you can carry

When helping plan
a patrol activity I
search online for
ideas

I like being coming
up with new ideas

I can do amazing
things

I know how to call
the emergency
services

There are different
ways of doing
everything

Sometimes things
don't work out the
way you want
them to

I have role/job in
my Patrol

The Scout Promise
and Law are
important to me

Planning makes
activities better

When I'm nice to
people they are
nice to me

Sometimes it is
really helpful to
think out a
problem

I try hard to be a
good friend

When everything
is divided equally
things run
smoothly

I can disagree with
someone and still
get along

On different days, I
have different
feelings

What I do, I am
responsible for

When I try harder,
I can do new
things

I try to follow the
Scout Law

Getting help when
you need it is a
great idea

Sometimes it's
good to count to
ten in your head
before responding
to someone

Sometimes I can
be wrong

I think about how
my actions affect
the natural world

Taking care of the environment is not just about recycling (although that is really important)

Sometimes things happen and they change how I feel about things

Trying your best to live a healthy life is important

I have a contribution to make to my patrol

I sometimes think about how there can be more to the world than just things we can see and touch

You are always a Scout

It is important to feel respect and to help others feel respected too

The natural world is amazing



Review "SPICES"

Social

- Relationships
- Communication Skills
- Other Cultures
- Community Involvement
- Promise & Law

Physical

- Eat Well
- Personal Hygiene
- Balanced Lifestyle
- How Body works
- Physical Limitations
- Health Choices
- Access Help

Intellectual

- Achieving Goals
- New Ideas/Creativity
- Learn from Decisions
- Team Member

Character

- Promise & Law
- Friends & Friendships
- Plan before do
- Ensuring Fairness
- Respect
- Differences & Views
- Following Dreams
- Live the Scouting Spirit

Emotional

- Aware of feelings
- Asking/Giving Help
- Responsibility for Emotions
- Controlling Emotions
- Going Further
- Beliefs & Values
- Developing Talents

Spiritual

- Promise & Law
- Impact on Environment
- Reflection
- Changing Beliefs





SPICES

How can the SPICES help you run your programme?

Planning

Which one of the SPICES would you like to organise an activity on?

Patrol Review

What will we do next?





Scouter Notes

This activity focuses on the role of the SPICES in the Scout Programme. Sometimes in the organising of events or trying to get all the parts of an Adventure Skill stage done, the SPICES can be neglected. Also, the SPICES, or the specific learning objectives at the back of the Scout Book, can seem like an extra burden. However, it is very important we as Scouters remember the centrality of the SPICES to what scouting is about.

This activity is designed to help everyone appreciate that the SPICES aren't this complicated or messy thing, but can be easily used in running a good and fun programme. This activity helps Scouts understand different parts of the SPICES and how they can be used in planning and reviewing programme.

These cards or ones like them can be used to help everyone remember the SPICES in your programme.

Maybe have the patrols take out one or two in the lead up to planning an activity so they can think about ways they can make it part of the event. The important thing is this is done in a fun way that can help each Scout realise the progress they are making, without making it boring.

These cards can also help when Scouts are completing their 'food-dump' review. As they will already be aware of how they have been using the SPICES.

Although the activity concerns all the SPICES, learning objectives from **Intellectual** have been highlighted as the activity mainly looks at ideas of planning and running programme. The learning Objectives of using information to achieve your goals, being open to new ideas and developing creativity and imagination are all relevant to using the SPICES in running programme.

