



## Food Storage

Camping can be a fun and rewarding experience, as long as forest creatures don't ruin the trip by getting into your supplies. Learning how to store food correctly while camping can keep your trip from taking a turn for the worst.

### ***Food Storage Essentials***

1. Be sure your food is in a specific tent which is separate and away from your sleeping area. Otherwise you will attract wildlife to your sleeping tent. This also goes for doing your food preparation.
2. Keep your food stored in secure containers to keep animals out. Most campsites will be able to provide you with containers if asked. Otherwise your food containers should be lockable. Small animals like mice can get through the smallest gaps and ruin your food. A lot of animals that live near common campgrounds are quite adapt to commonly used items like food container.
3. If no food box is available you should wrap your food in nylon or canvas material and hoist it into a tree well off the ground and clear from branches to protect it from wildlife.
4. Also, a key rule to remember, pack out what you pack in. Be sure that you dispose of used food packaging thoroughly and securely so you do not attract wildlife. Where possible dispose of the packaging in appropriate bins or take it away with you.





## Food Storage Tips On Keeping Food Cold

It is only half the battle getting the correct storage containers for food when it comes to keeping things cool, especially in the baking heat of the summer added to the heat built up inside a storage tent.

### *How can you keep food cool?*

**Tip 1.** Don't use the packaged ice that they sell in supermarkets in big bags. The ice in these melts way too quickly and they are far from economical.



**Tip 2.** Get your cooler box the night before you travel and line it with frozen cool packs. This will make the cooler box itself very cold for when you are actually packing the food into it. Remember to have additional cool packs ready to go once you have packed the cooler.



**Tip 3.** Take an empty milk or juice carton and fill it with water and place in the freezer a few days before you travel. You can use these in place of cool packs. If these containers are frozen solid it can take a number of days for them to defrost giving you long lasting cool packs and also clean drinking water once defrosted if needed.

**Tip 4.** If possible, take two cooler boxes with you and use one for drinks that might be used quite often. This means that the cooler box with your meat or other foods does not need to be opened so regularly and will help keep it cooler.

