



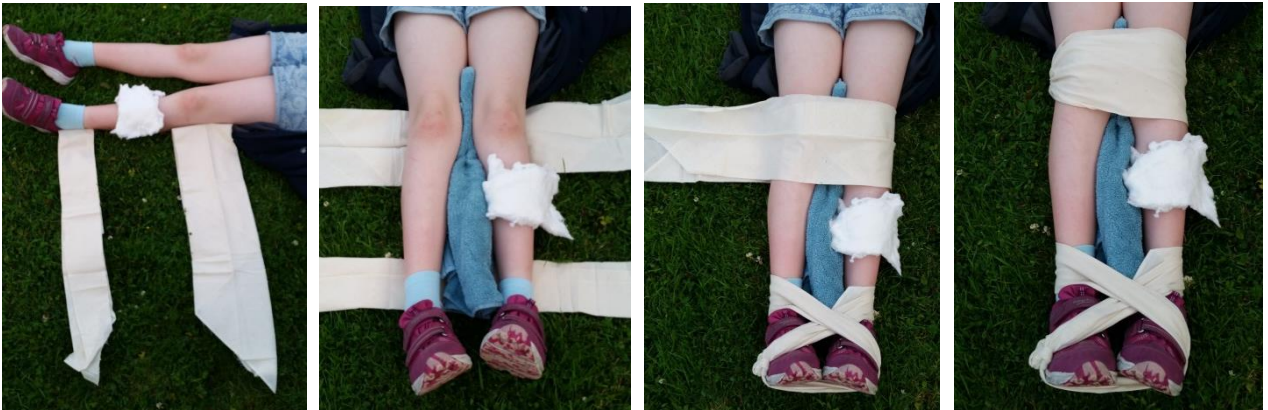
Treating a Suspected Fracture

- Apply a cold compress to the affected area
- Lay triangular bandages to splint, support, and immobilise the limb
- Arm: Arm sling and then another bandage across chest (make sure casualty can breathe)
- Make sure to put in some padding (a jumper or spare bandages) between the limbs or the arm and body, to make sure that the casualty is as comfortable as possible





- Leg: Lay bandages at the knees and ankles, and then above and below the fracture if possible. Tie off bandages on the non-injured side - one at toes in a figure of eight, the others just tied over. (This splinting technique can be used on all leg injuries to immobilise the legs)



- Here is a second example of the splinting technique being used to immobilise an injured leg. Note the padding which is put under the bent knees to offer support

