



# Scouts' Own

## ***The Crean Award:***

**Discovery:**

Promise & Law  
Environment

**Terra Nova:**

Promise & Law  
Task/Role in Patrol

**Endurance:**

Reflection  
Skills

**Polar:**

Scouts' Own

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## ***SPICES***

Spiritual  
Character

## ***The Activity:***

**Objective:**

Organise a simple spiritual activity during which everyone can take a few minutes to reflect on an important theme or idea..

***Activity Type:***

Patrol Activity  
Part of Day Activity or a Camp

***Roles:***

Activity Leader  
Quartermaster  
Readers





## Plan...a Scouts' Own

### Things a Scouts' Own should be:

- a gathering of scouts
- simple and concise
- reflective and inspiring
- quiet and loud
- still and active
- meaningful and appropriate

A Scouts' Own is a short spiritual and reflective activity that allows us to explore a particular theme, especially during a camp or longer activity.

It should involve a selection of components such as prayers, stories, songs, simple activities, fables, thoughts and silence.

A Scouts' Own can be used as a reflective time, but also to explore a relevant theme.

### Possible format of a Scouts' Own:

Opening Thought – introduce the main idea

A reading/reflection – something to get everyone thinking about the theme

A simple exercise – an easy and active way to engage with the theme

Prayers – a time to think about things beyond ourselves, to the spiritual

Songs – a suitable song

Closing – thought to end the activity





## Do...Sample Scouts' Own

### **Theme: Community**

#### *Opening Thought:*

The very fact you know about someone who is in trouble means that in some way you are able to help. Otherwise, why would this knowledge have entered your world? - Baal Shem Tov

#### *Reading:*

There was once a man who was busy building a home for himself. He wanted it to be the nicest, cosiest home in the world. Someone came to him to ask for help because the world was on fire, but it was his home that he was interested in, not the world. When he finally finished his home, he found he did not have a planet left to put it on.

Anthony De Mello

#### *Exercise:*

#### Community Ties

Have everyone draw up a list of five people in their community who helps other people. Discuss what they do and does it make a difference. Then, get everyone to think about ways they help in their community. Is there something more they can do?

#### *Story:*

A master was travelling with a disciple whose task was to look after the camel. In the evening when they arrived at the hotel, the disciple was so tired that he didn't tie the animal up. "Dear God", he prayed, when he went to bed, "I entrust the camel to you."

The next morning, the camel had disappeared and the master wanted to know where it was. "I don't know", replied the disciple, "you must ask Allah! Last night I was very tired and I entrusted our mount to him. It's not my fault if the camel has run away or has been stolen. I explicitly requested God to watch him. He is responsible. Haven't you very often urged me to trust in Allah?"

"Have confidence in Allah, but first of all tie up your camel", replied the master. "Allah does not have any other hands but yours."

Translated from *Parabole de l'Islam - Parabole d'Orient et d'Occident*





## Do...Sample Scouts' Own

### *Prayers*

Lord, make me an instrument of your peace.  
Where there is hatred, let me sow love,  
Where there is injury, pardon;  
Where there is discord, unity;  
Where there is doubt, faith;  
Where there is misunderstanding, truth;  
Where there is despair, hope;  
Where there is darkness, light;  
Where there is sadness, joy.  
O divine Master, grant that I may not so much seek  
To be consoled as to console,  
To be understood as to understand,  
To be loved as to love,  
Since he who gives will receive;  
For it is in pardoning that we are pardoned;  
It is in dying that we are born to eternal life. Amen.  
St Francis of Assisi

### *Song:*

It's me, it's me, it's me who builds community,  
it's me, it's me, it's me who builds community.

It's you, it's you, it's you who builds community,  
it's you, it's you, it's you who builds community.

It's us, it's us, it's us who builds community,  
it's us, it's us, it's us who builds community

It's God, it's God, it's God who builds community,  
it's God, it's God, it's God who builds community.

### *Closing:*

*Everyone repeats the Scout Promise*

On my honour I promise that I will  
do my best,  
to do my duty to God, (or, to further my understanding  
and acceptance of a Spiritual Reality,)  
to serve my community,  
to help other people and  
to live by the Scout Law.







# Review "SPICES"

## **Social**

- Relationships
- Communication Skills
- Other Cultures
- Community Involvement
- Promise & Law

## **Physical**

- Eat Well
- Personal Hygiene
- Balanced Lifestyle
- How Body works
- Physical Limitations
- Health Choices
- Access Help

## **Intellectual**

- Achieving Goals
- New Ideas/Creativity
- Learn from Decisions
- Team Member

## **Character**

- Promise & Law
- Friends & Friendships
- Plan before do
- Ensuring Fairness
- Respect
- Differences & Views
- Following Dreams
- Live the Scouting Spirit

## **Emotional**

- Aware of feelings
- Asking/Giving Help
- Responsibility for Emotions
- Controlling Emotions
- Going Further
- Beliefs & Values
- Developing Talents

## **Spiritual**

- Promise & Law
- Impact on Environment
- Reflection
- Changing Beliefs





# Review

## Adventure Skills

How did you progress in your Adventure Skills

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## Patrol Review

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*What can we do next?*

